

# **2011 Traverse Area High School Sailing Team Team Principles and Rules**

## **General Principles**

1. The first priority of the Traverse Area High School Sailing Team is to represent our program in a sportsmanlike manner, showing respect to teammates, parents, competitors, and other representatives of our sport, at practice, at regattas, and in any instance we are representing the Team, and to conduct ourselves in such a manner at all times.
2. The second priority of the Traverse Area High School Sailing Team is to increase and improve the skill level of team members.
3. The third priority of the Traverse Area High School Sailing Team is to win or place as well as possible in regattas we participate in.
4. The fourth priority of the Traverse Area High School Sailing Team is to increase the competitive ability of our team members by entering and participating in as many and the most difficult high school regattas our ability will allow.
5. The fifth priority of the Traverse Area High School Sailing Team is to introduce and educate non-sailors to the sport, and to allow them the opportunity to become contributing members of the team.

## **Team Rules**

### **General Rules**

1. There will be no smoking of any kind, or drinking of alcoholic beverages by team members. Violation of this rule is cause for dismissal from the team.
2. Disrespect shown to other team members, coaches, parents, officials, or anyone else the coaching staff deems appropriate is subject to dismissal from the team.
3. Team members will generally be paired in teams for the most advantageous possible combinations for success of the team as a whole. In some cases, the best skippers may or may not be sailing with the best crews, and vice versa.
4. Coaches' decisions are final.
5. If you have a problem with an issue, talk to the coach. It is inappropriate to discuss issues with other parents or team members, and will not be tolerated.
6. No student may participate in team activities without a physical and a signed parental consent form on file.

## Practice Rules

1. Practice will be every Monday, Tuesday and Thursday. Boats are to be rigged by 4:20pm and ready to be launched by 4:30pm. Please arrive at the TACS site early enough so that you are ready to rig boats at 4:30.
2. Thursdays will be race days. Please be ready to be on the water by 4:30pm so we can maximize our time spent sailing and get in as many races as we can. Please arrive at the TACS site early enough so that you are ready to rig boats at 4:00.
3. All boats are to be launched, rigged, in the water and everyone sailing by 4:30pm. We will be in the water for practice for 1 ½ -2 hours, depending on wind and weather conditions. If we get a late start, practice will get over at a later time. It all depends on how efficiently the team launches and gets on the water.
4. All team members are responsible to help all other team members rig and launch. Once your boat is rigged, you are not done – help out your teammates, both with rigging, launch, and retrieval at the end of practice. 420 sailors help the Lasers, and Laser sailors help the 420 sailors. You are a team – help each other out. If this is abused (i.e. – if someone is continually late and lets teammates rig their boat), they will de-rig all the boats when practice is over.
5. Practice is mandatory. The only excuse for missing practice is participation in another school sponsored activity. It will be the coach's decision as to whether a missed practice is excused, and the coach's decision will be final.
6. If you are going to miss practice, even for another school activity, sickness, etc., you need to call me. No messages sent through third parties will be accepted. Call my phone 231-883-2309. Please call with plenty of time so practice can be adjusted accordingly.
7. No one may leave at the end of practice until all boats and equipment are put away, and the facilities are all picked up and cleaned up.

## Regatta and Travel Rules

1. All sailors are encouraged to participate in all scheduled regattas, as listed on the schedule distributed at the meeting.
2. We will attempt to billet team members (housing provided by local teams) whenever possible. In addition to decreasing expenses, this will provide team members a good opportunity to meet and interact with members of other teams.
3. Parents driving to regattas will be responsible for collecting travel expenses (i.e., gas money) from team members traveling with them.
4. In the event that the team stays in hotel accommodations, the following rules will apply:
  - a. Team members will share rooms with chaperoning adults (preferably their own parents) when possible
  - b. In the event that team members have to room together without a chaperone, there will be no mixing of male and female team members in the same room.
  - c. In the event that male and female team members are in a room together, i.e. debriefings, watching a movie, or just hanging out, the hotel room door shall stay blocked open and accessible to adult parent chaperones at all times.

- d. No alcohol shall be consumed by parents in the presence of team members. You are free to consume alcohol in your own room, but it cannot be tolerated in the presence of team members.
5. Unless otherwise arranged, we will travel together as a team to all regattas. It is my desire that we travel as a team whenever possible.
6. Team members may not participate in MISSA sanctioned regattas without the approval and permission of the coach, and without proper parental supervision.

As a member of the 2011 Traverse Area High School Sailing Team, I have read and understand all the above rules, and agree to abide by them.

Student Signature \_\_\_\_\_

Date \_\_\_\_\_

Student Name \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Name \_\_\_\_\_